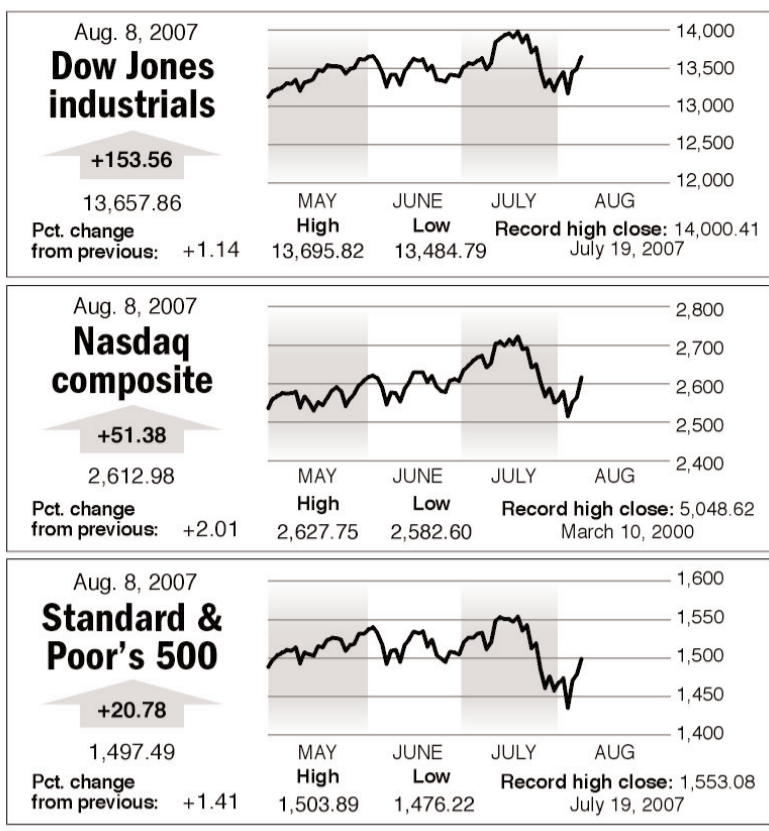


A DAY ON WALL STREET



STOCKS OF LOCAL INTEREST

Company	Sector	Yesterday's					52-week			
		High	Low	Close	Chng	Div.	Yield	PE	High	Low
AT&T Inc	N	40.68	39.50	40.35	-11	1.42	3.5	20	41.93	29.82
Aetna	N	49.45	47.35	48.46	-1.10	.04f	.1	15	53.43	32.97
ApplBio	N	33.41	31.95	32.37	-1.7	.17	.5	37	39.49	27.79
ArchCh	N	41.23	37.84	38.88	-2.24	.80	2.1	60	41.78	24.94
AsburyA	N	20.50	19.17	19.83	-6.1	.90f	4.5	13	30.06	18.43
AvsBudget	N	24.96	22.05	23.01	-2.5		dd	31.47	17.30	
Baldw	A	5.42	4.99	5.25	-0.6		17	6.64	4.55	
BoltTech	A	42.37	39.70	42.00	+1.04		27	59.35	11.00	
Borders	N	16.01	14.90	15.77	+1.02	.44	2.8	dd	24.19	14.53
CablvsnNY	N	34.49	33.30	34.00	+2.8		49	39.75	21.21	
CampSp	N	37.73	36.36	36.95	-5.8	.80	2.2	18	42.65	35.55
CeleraGrp	N	12.57	11.91	12.22	+3.0		dd	16.55	11.39	
CentCom	O	9.52	8.89	9.04	-3.1		dd	10.66	4.47	
CitzComm	N	13.90	13.14	13.80	+7.7	1.00	7.2	12	16.05	12.50
CitzUt pf	N			61.00	...	2.50	41	69.20	56.87	
CompTch	A	2.65	2.32	2.65	+2.0		dd	3.74	2.15	
Corning	N	24.03	23.41	24.03	+8.5	.20	.8	20	27.25	17.56
Crane	N	44.19	41.81	43.81	+1.1	.72f	1.6	16	50.24	35.27
Diageo	N	84.97	83.68	84.48	+2.11	2.42e	2.9		86.95	69.54
DowChm	N	43.72	42.58	43.33	+2.7	1.68f	3.9	12	47.96	35.51
EMCOR s	N	31.33	29.27	30.35	-1.01		20	38.69	25.34	
EdgrOnl	O	2.75	2.68	2.70	-0.2		dd	4.11	2.15	
FactsetR	N	63.15	61.23	62.91	+3.6	.48f	.8	31	70.86	42.30
FitBopPR If	N	9.57	8.19	8.98	+0.8	.28	3.1	17	13.87	8.11
Gartner	N	24.54	23.82	24.32	+6.6		50	28.44	14.76	
GenElec	N	40.46	39.46	40.46	+9.8	1.12	2.8	19	40.98	31.61
IMS Hlth	N	31.85	30.17	31.20	+1.4	.12	.4	22	33.12	26.25
IntPap	N	35.48	34.77	35.40	+6.7	1.00	2.8	10	41.57	31.85
MarshM	N	27.56	26.12	26.70	+5.9	.76	2.8	18	33.90	24.64
MStewrt	N	15.48	13.32	15.39	+2.14		dd	23.21	10.80	
MeadWvco	N	32.96	32.15	32.45	-1.2	.92	2.8	52	36.50	24.76
NoestUt	N	29.80	28.15	28.97	-3.2	.80f	2.8	20	33.62	22.36
NorthropG	N	77.81	76.59	77.45	-4.8	1.48	1.9	17	80.35	63.79
Olin	N	20.20	18.88	19.37	-8.2	.80	4.1	10	22.71	14.22
PerkElm	N	27.15	26.60	27.04	+0.1	.28	1.0	28	28.67	18.03
PityBw	N	47.54	46.49	47.41	+7.1	1.32	2.8	18	49.70	41.58
PlayxPd	N	18.28	18.02	18.05	+0.1		35	18.71	11.08	
Praxair	N	81.21	78.76	80.44	+1.61	1.20	1.5	25	79.47	52.67
priceline	O	79.73	75.47	79.56	+14.47		47	71.49	26.03	
StarGas	N	4.04	3.89	3.95	-0.4		dd	5.00	2.17	
SturmRug	N	22.50	16.08	16.72	-5.54		33	22.58	6.40	
Terec	N	83.50	77.90	78.96	-2.99		17	96.94	37.69	
Thomson	N	42.20	41.51	41.95	+7.0	.98	2.3	22	44.93	38.25
TrnsLx	A	5.90	5.80	5.80	-1.0		dd	9.04	5.50	
TycoIntl n	N	47.50	44.09	45.50	-1.94		dd	55.42	46.51	
UBS AG	N	57.72	56.30	57.04	+1.30	1.83e	3.2		66.26	52.63
UtahHlthGp	N	48.30	46.95	47.57	-4.2	.03	.1	15	57.10	45.12
VerizonCm	N	43.53	42.43	43.19	+0.8	1.62	3.8	21	44.10	33.18
WldW Ent	N	14.80	14.31	14.59	-0.5	.96	6.6	22	18.60	14.31
Xerox	N	16.70	16.37	16.69	+3.4		13	20.18	14.26	

EXCHANGE KEY: N=New York, O=Nasdaq, A=American

NYSE most active				NASDAQ most active			
Company	Vol.	Last	Chng	Company	Vol.	Last	Chng
FordM	778579	8.87	+5.7	Cisco	1840370	31.68	+1.99
Citigrp	504567	49.49	+9.0	PwShs QQQ	1577591	48.84	+5.3
Pfizer	500274	24.61	+5.5	Intel	727412	24.68	+5.5
GenElec	424654	40.46	+9.8	SunMicro	685985	5.00	...
TimeWarn	387745	18.98	+3.7	Level3	605170	5.13	+1.7
SprintNex	376855	19.77	-4.5	Microsoft	447517	30.00	+4.5
EMC Cp	376125	18.40	+2.5	Qualcom	382238	40.15	-3.5
ExxonMbl	356261	87.90	+2.20	Comcast s	377161	25.72	-1.6
Motorola	353857	17.10	+6.4	SiriusS	372103	3.07	+0.6
BkofAm	332254	49.70	+10.3	ApplMtl	314776	22.96	+3.5
AMD	316865	13.42	+7.9	Apple Inc	280723	134.01	-10.2
iShJapan	305862	14.35	+1.2	ChartCm	277592	2.81	+0.2
QwestCm	284825	8.38	+0.9	Dell Inc If	265900	27.78	+5.6
TexInst	282599	33.73	-2.8	Symantec	257086	17.97	-1.5
CntwdFn	280170	29.11	+1.76	Oracle	256198	20.20	+5.2
HomeDp	271188	37.80	+1.40	BEA Sys If	247405	12.09	+5.7
WellsFgo s	268224	34.99	+4.1	Broadcom	225370	35.98	+3.22
Hallbrtn	267313	34.47	-2.2	RF MicD	223519	6.31	-5.0
TenetHlth	265881	4.39	+2.4	eBay	215912	36.71	+8.2
AT&T Inc	263966	40.35	-1.1	BrodeCm	187305	6.72	+5.3

AMEX most active			
Company	Vol.	Last	Chng
iShR2K nya	2337185	79.55	+2.35
SPDR	2285544	149.83	+2.06
SP FncI	931712	34.75	+8.1
PRUSHQQQ	311602	43.35	-1.59
SP Engy	280824	69.35	+1.29
DJIA Diam	238017	136.55	+1.50
PRUSHS&P	195121	53.22	-1.50
SemilHtr	164980	38.20	+7.8
OISVHT	132591	174.48	+3.58
GoldStr g	128652	3.54	+2.7

Cisco results lead to Wall Street rally

Associated Press
 NEW YORK — Stocks surged Wednesday as solid results in the technology arena and renewed demand for risky debt soothed investors a day after the Federal Reserve said the economy should keep expanding.
 However, a late-day plunge and recovery revealed investors' persistent unease over how problems in lending might hurt corporate America, despite the Fed's assurances.
 The Dow Jones industrial average initially surged more than 190 points, then dropped into negative territory in the last hour of trading, reportedly on speculation that investment bank Goldman Sachs Group Inc. would release some negative news. When Goldman Sachs dispelled the rumor, the Dow rebounded to finish up more than 150 points.
 The sell-off illustrated how quickly sentiment can turn. The stock market has been ric-

ocheting up and down in recent weeks on worries that borrowing will get tougher because of losses in the subprime mortgage market.
 Wall Street was pleased to hear that computer network equipment maker Cisco Systems Inc. posted a 25 percent jump in quarterly profit and raised its revenue forecast for the year. The upbeat technology news, along with strong recoveries in the beleaguered financial and homebuilding sectors, came a day after the Federal Reserve suggested that the lending environment isn't difficult enough to trip up the economy.
 The Fed's suggestion that it wasn't too worried about the credit markets appeared to reinvigorate them: Risky, high-yielding corporate bonds rose, while safe, low-yielding government bonds fell.
 President Bush on Wednesday tried to reassure Wall

Street, expressing confidence that the stock market would eventually calm down, saying to a small group of reporters that "the underpinnings of our economy are strong."
 Bonds plummeted as stocks rose, with the yield on the 10-year Treasury note rising to 4.86 percent from 4.77 percent on Tuesday. Investors exited government securities after the Fed's statement dashed hopes of a rate cut, and on rumors that Asian governments would get rid of some of their U.S. assets.
 The financial and homebuilding sectors — big losers in recent weeks — saw large gains Wednesday, with many investors seeing value in these pummeled stocks.
 Bears Stearns Cos., whose collapsing hedge funds have been a prime cause of jitters in the market, rose 3.6 percent. Lehman Brothers rose 6.7 percent, JPMorgan Chase & Co. rose 2.6 percent, and American

Express Co. rose 4.2 percent.
 California homebuilder KB Home rose 8.8 percent after saying late Tuesday it used cash on hand to repay \$650 million in debt to rid its balance sheet of obligations. D.R. Horton Inc. rose 6.9 percent; Centex Corp. rose 8.2 percent; and Pulte Homes Inc. rose 7.2 percent.
 The housing market is still weak, though, which could keep Wall Street nervous going forward. Toll Brothers Inc.'s preliminary measure of fiscal third-quarter revenue showed home building revenue fell 21 percent.
 Toll Brothers rose \$1.38, or 6 percent, to \$24.33.
 After releasing its quarterly results, Cisco rose \$1.99, or 6.7 percent, to \$31.68.
 The Nasdaq was also helped by a stronger-than-expected second-quarter profit at Norwalk-based Priceline.com Inc. The online travel agent's stock surged \$14.47, or 22 percent.

Real estate group lowers housing sales forecast

Associated Press
 WASHINGTON — Home sales will hit a five-year low this year, as wary lenders cut back on loans for many borrowers, a trade group for real estate agents said Wednesday.
 The National Association of Realtors' revised forecast calls for existing home sales of 6.04 million in 2007, down 6.8 percent from last year. The forecast was 1 percent lower, or 70,000 fewer homes, than July's prediction of 6.11 million.
 This year's sales would be

the lowest since 2002, when sales hit 5.63 million. Last year's sales were 6.48 million.
 Next year, the trade group expects sales to climb to 6.38 million, up slightly from the forecast it gave in July of 6.37 million.
 The forecast comes as delinquencies among borrowers with weak, or subprime, credit have risen dramatically over the past year, and other loans are showing weakness as well.
 "With fewer affordable loans available, that will cut back on some of the homebuyers who

wanted to enter the market," Lawrence Yun, the trade group's senior economist, said in an interview. However, Yun projected that demand would rebound next year.
 As of May, more than 16 percent of mortgages issued to subprime borrowers were behind on their payments by 60 days or more — nearly double last year's levels, according to research firm First American LoanPerformance.
 As delinquencies rise, lenders are reducing the availability of credit to those

borrowers.
 Those worries have also extended to the market for "jumbo" loans, or those above the \$417,000 individual limit for home mortgages that mortgage giants Fannie Mae and Freddie Mac are allowed to buy. Investors worried about rising mortgage defaults have all but stopped buying mortgage-backed securities.
 That market could remain "frozen" for up to a month, said Doug Duncan, chief economist for the Mortgage Bankers Association.

Norwalk woman is doing her life's work

From C1
 "I've slowly been given a lot of information over the years. A lot of things I've learned are subtle," she said. "It's like a Picasso. It's all the little components put together."
 According to Sapione, the DVDs are designed to teach clients to, "know yourself, teach you how to take care of your body."
 "(After the accident) I could barely walk," she said. "I realized I had to do it myself because no one was going to do it for me. I would pretend I was in motion. I had to trust my body again. A lot of what I teach is from that learning experience."
 "Eventually I started to see how important it was, not only for others, but for myself, to connect the whole person. You

have to protect the body, mind and spirit," Sapione added. "When you know yourself you can change. The tapes show you how to stop the negative gestures in your life. It's learning how to bring yourself out of your problems instead of embedding them. When I can get someone flowing and reconnected, then they can come back to who they are. You can't feel strong by going to the gym and building muscles. You feel strong by being yourself. That's what this whole system does."
 Sapione likens the healing process to rust on a car. One can either paint over the rust and have it reappear in a few weeks, or get rid of the rust altogether.
 "If you carry around the past you have no future," she said. "I feel that your body is

your home when you're here on earth. This is all I got and if I don't take care of it, I'm going to lose it."
 Sapione previously taught yoga at Silvermine Arts Guild under the name Body Art Yoga. She and her husband changed the name to besmart Yoga and trademarked the phrase "besmart" for health and exercise products.
 She has worked in Danbury and New Canaan, but lives in Norwalk and takes pride that her home office is in the city.
 "We want to be known for being based in Norwalk," she said. "Connecticut is our home base. We want to branch out, but slowly."
 Sapione has studied various types of yoga and philosophy, and developed her own system of therapeutic yoga, based on her knowledge and experience.

She has worked with individual clients and has helped them experience dramatic results. At the urging of one of her clients, Sapione decided to put her system on a series of DVDs to obtain a broader reach.
 "The client said I had to get my work on DVDs because the work needs to be available after I'm gone," she said. "People who have worked with me say using the DVDs is like having me with them. I'm just a guide to make you your own teacher. We're helping a lot of people."
 Perhaps this is what the "beautiful man" meant when he said Sapione "still had work to do" following her accident.
 "I believe I'm doing God's work," she said.

On the Web
www.besmaryoga.com

Hour Advertising Gets Results



JOHN M. GONZALEZ,
Founder of Servicial



Servicial centers provide basic financial, documentation, translation and income tax services geared towards an ever growing immigrant population and businesses. John Gonzalez, the founder and president of Servicial, comments on the results from their recent advertising campaign with The Hour Newspapers:

With The Hour's local circulation and distribution of news and happenings, we are able to introduce the importance on Servicial. Servicial is the Spanish word for someone who is "helpful and/or obliging." As newly arrived immigrants, my family and I did not have access to different services, for instance, translation, travel and low cost money transfer services, computer and internet knowledge and small business start up consultation, due to the language barrier and a lack of organizations and businesses that spoke "the language." For this reason I founded Servicial 11 years ago, mainly as a response to these experiences and difficulties I encountered while growing up in Norwalk, CT.

LA COMUNIDAD (The Community in Spanish) and NEGOCIOS (Business in Spanish) features great stories on the Spanish community in the Greater Norwalk areas. I took advantage of The Hour's advertising opportunities and put in insertions on dates in accordance to the editorial schedules, and advertised the services that Servicial provides. It's direct and efficient. It has been very effective in reference to my marketing strategies and promotions.

Official special programs such as *SoNo Arts Celebrations*, *Oyster Festival*, offer opportunities to reach a much bigger market and have the festival visitors exposed to the ad and directed to our main Servicial office which is located conveniently in South Norwalk. Business agendas such as *Leading Edge, Business Directory, Norwalk On The Move*, offers opportunities to communicate directly to business/corporate owners who might have employees that are in need of our services such as notary public, changes in immigration status, resume-builder, check cashing, banking info, income tax, etc.

Now Servicial's main mission is to develop, manage and offer services that facilitate the process of integration of individuals and small businesses who are new to the area. I enjoy having my advertising programs at The Hour as The Hour has been very helpful in being "servicial" to me too!



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